



**Brighton Hill
Community
School**

Making success inevitable

My World (Values) Curriculum: RSE Presentation for Parents/Carers

13/1/26



Coverage this session

- Why?
- When?
- What?
- Who?





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Why teach RSE?



Why RSE?

‘Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.’

This is a section of the statutory guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education.





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When do we teach in RSE?

When?

- During My World lessons in afternoon tutor sessions
 - Y7: HT3 & HT4
 - Y8: HT3 (they move onto Health & Wellbeing HT4)
 - Y9: HT3 & HT4
 - Y10: HT3 & HT4

- Deep Learning Day in March to explore topics in more detail





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What do we teach in RSE?

We teach ...

- All aspects of relationships:

- Family

- Friends

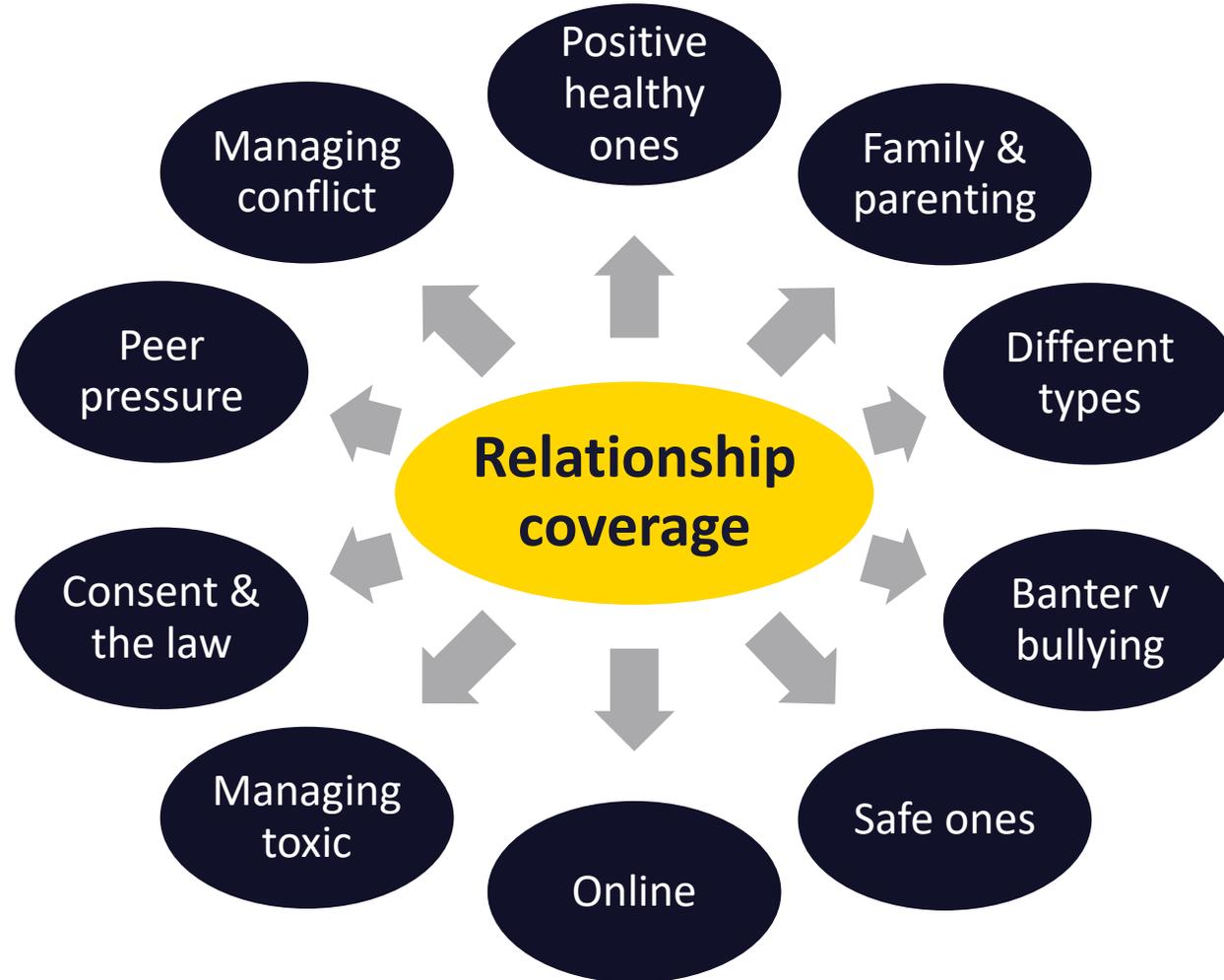
- Online

- Sexual

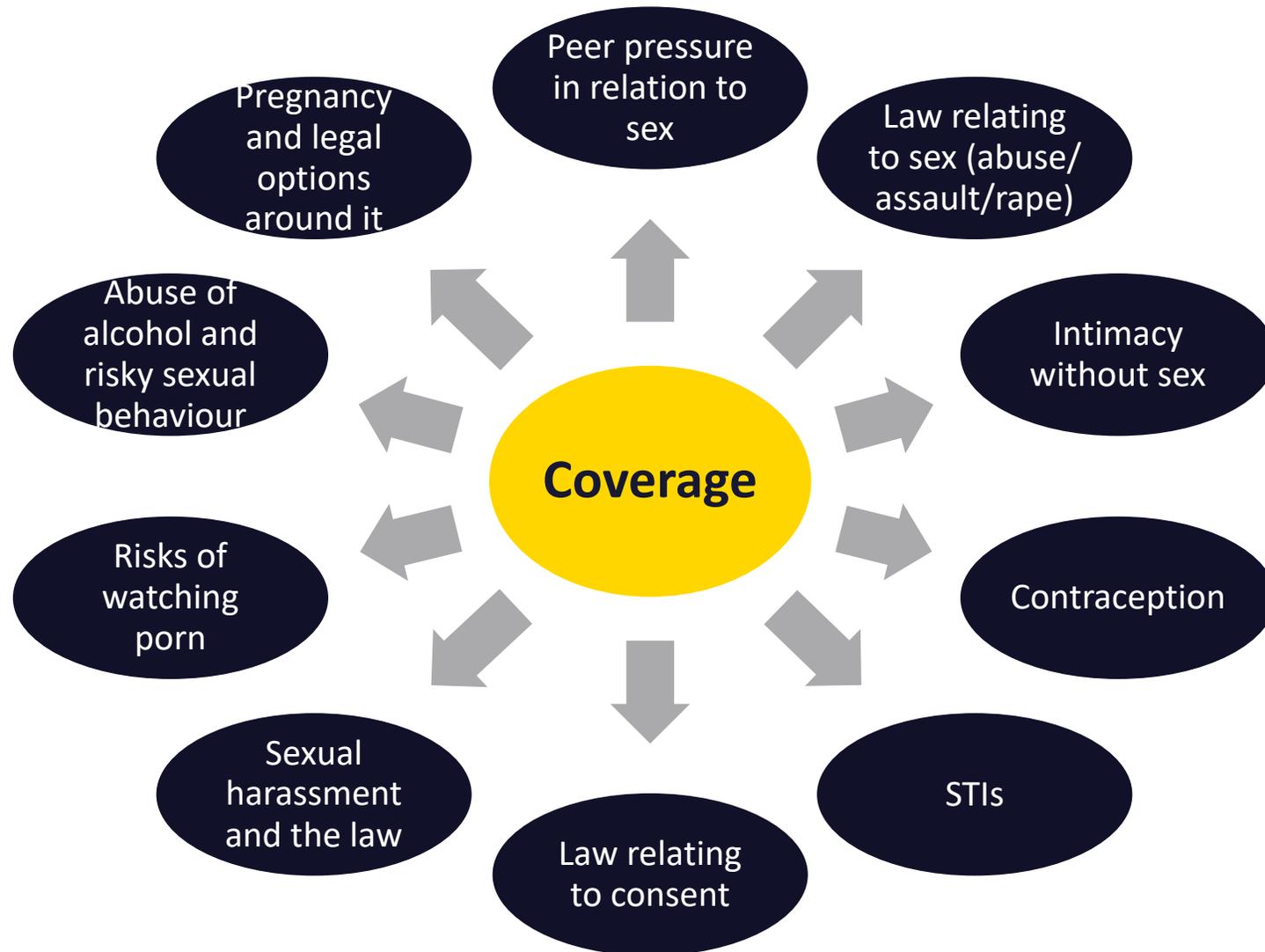
- Our purpose is to inform – we do not give our personal opinion or judge students choices although mutual respect underpins all teaching



Overview of relationship education Y7-10



Overview of sex education Y8-10



My World sessions KS3

Y7

1. Know the characteristics of positive and healthy relationships.
2. Understand the difference between banter or bullying.
3. Know the role of bystanders in all types of bullying.
4. Understand there are different types of adult committed long term relationships.
5. Know the different types of relationships and their legal status.
6. Understand why marriage is an important relationship choice for many couples and how it contributes to human happiness and its importance for bringing up children.
7. Judge when a relationship is unsafe.
8. Understand online risks when using social media.
9. Know what to do and where to get support to report material or manage online issues
10. Understand how online information and data is generated, collected, shared and used

Y8

1. Know the characteristics of positive and healthy relationships.
2. How to manage toxic relationships.
3. Understand the characteristics of healthy intimate relationships.
4. Understand the law relating to consent.
5. Know how to communicate and recognise consent
6. Understand how to manage peer pressure in relation to sex

My World sessions KS4

Y9

1. How should I manage my relationships?
2. How can I respond to peer pressure to have sex?
3. How can I be intimate without having sex?
4. What constitutes abuse in a home environment?
5. What influences fertility?
6. Why contraception?
7. Know how to manage conflict at home
8. Know the characteristics of positive healthy relationships - drugs
9. Know the characteristics of positive, healthy relationships - gangs.
10. Understand the roles and responsibilities of parents with respect to raising children, including the characteristics of successful parenting.

Y10

1. Why are healthy relationships important?
2. How can you better manage relationship breakdown?
3. What does the law say about sexual activity?
4. How is sexual harassment dealt with in law?
5. What are the dangers of watching sexually explicit material in the video?
6. How can I manage the risks of online relationships?
7. Understand how the use of alcohol and drugs can lead to risky sexual behaviour
8. Know the facts around pregnancy and miscarriage
9. Know the legal choices around pregnancy – abortion
10. Know the legal choices around pregnancy – adoption
11. Know the legal choices around pregnancy – keeping the baby

On the Deep Learning Day ...

Y7	Y8	Y9	Y10
<p>All Health & Wellbeing related:</p> <p>Resilience workshop My Mind workshop</p> <p>Impact of illegal drugs, alcohol and tobacco</p> <p>How bacteria & viruses spread, antibiotics, vaccines</p>	<p>RSE: Online relationships including cyber bullying</p> <p>Health & Wellbeing: First Aid</p> <p>Anxiety v feeling anxious and managing it</p>	<p>All Health & Wellbeing related:</p> <p>Self-examination, science of blood, stem cell and organ donation</p> <p>Body image and stereotypes in the media</p> <p>‘Keeping safe in the community’ led by the Hants & IOW Constabulary’s Education Partner Officer</p>	<p>RSE: Sexual consent + dangers around sexting and nudes and revenge porn.</p> <p>Health & Wellbeing: HIV, STDs & contraception led by the Sexual Health Team.</p> <p>Drug and alcohol abuse</p>



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Who teaches RSE?



Delivery

By tutors

- They have knowledge of the students
- They have cultivated a safe space to have conversations
- Students have had the opportunity to get to know their tutors, even if they were new to them in September

- On the DLD, students will be taught by the teacher that would usually teach them at that time of day

- Staff are supported with CPD and briefing sheets for those topics they are less familiar with

Coverage this session

- ✓ Why?
- ✓ When?
- ✓ What?
- ✓ Who?



Any questions?

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Your child's response: their tutor





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